

<b>Title</b>	<b>Foot patches / foot pads</b>
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<b>Reference</b>	Technology Review Report, 019/2011, online: <a href="http://www.moh.gov.my/technology_reviews/214">http://www.moh.gov.my/technology_reviews/214</a>

## **Aim**

The objective of this technology review was to assess the efficacy/effectiveness, safety and cost-effectiveness of foot patch / foot pads to draw out toxins from the body, reduce blood pressure, treat depression and reduce weight.

## **Conclusions and results**

No clinical study was retrieved from the available scientific databases, thus the effectiveness/efficacy, safety and cost-effectiveness of foot patches / foot pads to draw out toxins from the body, reduce blood pressure, treat depression and reduce weight in obese patient could not be determined.

## **Methods**

Electronic databases searched included PubMed, ASERNIP-S, CADTH, Ovid Medline and USFDA website to retrieve any article related to the topic. Additional articles were identified by reviewing the bibliographies of retrieved articles as well as information received from the requestor.

## **Further research/reviews required**

More clinical research and studies should be carried out at our various local clinical settings to ascertain the safety, effectiveness / efficacy and cost effectiveness of foot patches/foot pads.

## **Written by**

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